



THE FIFTY-SECOND ANNUAL 46er OUTDOOR SKILLS WORKSHOP



ATTENTION: Those interested in learning more about safe and responsible use of the Adirondack wilderness; in particular, those looking to lead groups or wishing to expand their personal knowledge and skill.

WHAT: An intensive weekend of formal and informal seminars as well as hands-on activities designed to expose wilderness users to a wide variety of skills and knowledge. **Workshop activities, including sleeping and meals, occur out of doors, rain, snow, freezing temperatures, or shine** and include a hike up Mount Jo (ascent approx. 210 meters/710 feet, 40-60 min one way).

WHO ATTENDS: The program is designed for adult leaders of all ages and physical conditions. Our intent is for participants to learn by observation AND doing within each individual's capabilities.

TOPICS COVERED:

- Pre-trip planning and safety
- Leave No Trace backcountry ethics (LNT)
- Campsite organization and Safety
- Meal preparation and safe use of a stove
- Wilderness emergencies and how to respond to them
- Map and compass introductory work
- Group leadership
- Camp leadership
- Evaluation of proper equipment and clothing
- Food planning and packing
- Appreciation of the Adirondack environment, its geology, and history
- Nature and folklore of the Adirondacks
- Route planning

WHEN: 5 pm Friday May 5 through 2 pm Sunday May 7, 2023 -- **rain, snow, freezing, or shine**

WHERE: Adirondack Loj, Lake Placid, NY 12946

SPECIAL NOTE re: COVID-19: We will be staying and working together in close proximity throughout the weekend. Please consider this when deciding whether or not to register.

SPONSORED BY: THE ADIRONDACK FORTY-SIXERS. The Forty-Sixers are a non-profit organization of those who have climbed the 46 major peaks of the Adirondacks. The Outdoor Skills Workshop is provided as a public service to all who are interested in utilizing the Adirondacks in safety and stewardship.

COST: \$30.00 (USD)

- The \$30 fee includes leanto/campsite accommodation and communal meals from Saturday breakfast to Sunday lunch inclusive. Each participant will receive a free workshop t-shirt and patch.

- **NOTES:**

- Of the \$30 registration fee, \$10 is refunded upon completion of the workshop, if requested; alternatively, participants may elect to donate the \$10 to support the 46ers' many stewardship and education projects.

Request the link to register:

osw@adk46er.org