



THE FIFTY-FIFTH ANNUAL 46er OUTDOOR SKILLS WORKSHOP



ATTENTION: Those interested in being introduced to skills and knowledge needed for safe and responsible use of the Adirondacks.

WHAT: An intensive weekend of formal and informal seminars as well as hands-on activities designed to expose wilderness users at an introductory level to the breadth of skills and knowledge needed to enjoy the Adirondack wilderness. **Workshop activities, including sleeping and meals, occur out of doors, rain, snow, freezing temperatures, or shine** and include a hike up Mount Jo (ascent approx. 210 meters/710 feet, 40-60 min one way).

WHO ATTENDS: The program is designed for adults of all ages and physical conditions. Our intent is for participants to learn by observation AND doing within each individual's capabilities.

WE WILL INTRODUCE YOU TO:

- Pre-trip planning and safety
- Leave No Trace backcountry ethics (LNT)
- Campsite organization and Safety
- Meal preparation and safe use of a stove
- Wilderness emergencies and how to respond to them
- Map and compass introductory work
- Group and Camp leadership
- Evaluation of proper equipment and clothing
- Food planning and packing
- Appreciation of the Adirondack environment, its geology, and history
- Nature and folklore of the Adirondacks

WHEN: 6 pm Friday May 1 through 2 pm Sunday May 3, 2026 -- **rain, snow, freezing, or shine**

WHERE: Adirondack Mountain Club, Heart Lake Program Center, Lake Placid, NY 12946

SPECIAL NOTES

HEALTH & SAFETY: We will be staying and working together in small groups, with close proximity throughout the weekend. Please consider this when deciding whether or not to register.

Meals: We endeavor to accommodate those with special/restrictive diets; however, our groups are mixed. The master menu is designed to be flexible to make some accommodations, but those with restricted diets should be prepared to bring their own food to supplement that which is provided.

Friday supper: Please bring and/or eat on the way. We do not supply Friday supper.

SPONSORED BY: THE ADIRONDACK FORTY-SIXERS. The Forty-Sixers are a non-profit organization of those who have climbed the 46 major peaks of the Adirondacks. The Outdoor Skills Workshop is provided as a public service to all who are interested in utilizing the Adirondacks in safety and stewardship.

COST: \$50.00 (USD)

- The \$50 fee includes leanto/campsite accommodation and communal meals from Saturday breakfast to Sunday lunch inclusive. Each participant will receive a free workshop patch.
- **Please note:** Due to the logistics involved, we cannot easily adjust our meal menus for those with special/restrictive diets. If you sign up, please know we will accommodate as best possible, but recommend you bring supplementary victuals.

Request the link to register: osw@adk46er.org